

# VIDEO ABOUT BRAINDEVELOPMENT OF TRAUMATIZED CHILDREN

# **PURPOSE OF THE EXERCISE:**

Students learn more about the impact of trauma

### **TIMING**

25 minutes

### **NEEDED MATERIAL**

https://www.youtube.com/watch?v=95ovIJ3dsNk

Or: complex trauma explained by youth for youth <a href="https://www.youtube.com/watch?v=y8XaYdQfV3A">https://www.youtube.com/watch?v=y8XaYdQfV3A</a>

# HOW TO CONDUCT THE EXCERCISE

Students watch the videos about the effects of trauma. Let them reflect about what this could mean for them in daily practice as a social care worker.

SAFEGUARDING YOUNG PEOPLE IN CARE