

WORKSHOP HOW TO BE AN AMBASSADOR FOR SEXUALITY EDUCATION

PURPOSE OF THE EXERCISE:

Students will learn how to be a Safeguarding ambassador at home, for example at their university, their training institution, or their current employer.

We know that a lot of social care workers within residential and foster care have difficulties discussing sexuality and intimacy with youths and colleagues in a normal, neutral manner.

During this workshop, students will learn how to convey the importance of 'Safeguarding young people' without feeling like a salesperson, or becoming long-winded. This means that students will learn to bring across the message of Safeguarding young people in a succinct manner.

TIMING:

2-3 hours

NEEDED MATERIAL:

Association cards, for example: <https://www.scrumartikelen.nl/Associatiekaarten>

Film equipment

TV screen/digiboard

HOW TO CONDUCT THE EXERCISE:

Duration: 2,5 hours

Goal:

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- Inform the students that a big part of the workshop will be spent improving presentation skills. Acknowledge that this is daunting for everybody. For a safe atmosphere within the group, it's important that all feedback is relevant to improving presentation skills, and is given in a respectful manner. For example, using the 4-g method:
- Start the workshop with an icebreaker. Any of the icebreakers found on our website can be used for this. Many exercises can also be found online, for example: https://insight.typepad.co.uk/40_icebreakers_for_small_groups.pdf. Make sure the icebreaker doesn't take more than 15 minutes, and focus on fun.
- Exercise: learn to present yourself – who am I?:
 - Every student writes down how they would introduce themselves to somebody they haven't met before in a professional setting (for example, at a congress). In this introduction, they must mention the Safeguarding project.
 - Every student introduces themselves to the rest of the class as

this knowledge for their final exercise.

SUGGESTIONS: This workshop can be expanded upon, by having students present the elements of the Safeguarding summer school they find most important to share with their peers and colleagues. Allow for approximately 2 extra hours, including feedback.

More information on ambassardorship? <http://www.amsterdamuas.com/practical-matters/prospective-students/uas/student-affairs/student-ambassadors/student-ambassadors.html>

**THEORETICAL
BACKGROUND:**

REFERENCES:

(APA standard)

SAFEGUARDING YOUNG
PEOPLE IN CARE

