

Name of the university

Quotes Nutrition & Dietetics student who followed her minor here in 2018.

Impression after the first few weeks

My overall impression after the first few weeks and the whole experience in Finland was very positive.

General expression

Teachers are very informal, kind and are willing to help you. Jolanda was only with 3 other exchange students (who followed the Nutrition program From Field to Fork) during her time abroad. So be prepared to work together with a lot of Finnish students during your assignments.

Level of education and the courses

The university is focused on both theory and practice. Thus a little bit more practical oriented. Overall the workload is lower than the workload at the HvA.

Housing (in private sector or organized via the university)

Contact Sevas in time for housing. He takes good care for your accommodation. On a monthly basis you pay around EUR 350 to 400 for accommodation.

Tips for future students

Again, contact Sevas for housing. Buy a bike from other exchange students who are about to leave the country to go back home.

Keep in mind that drinking alcohol is very expensive in Finland!

Also learn a bit about the Finnish culture, this will make it easier to communicate with the Finnish people.

Do you want more information?

Please contact Jolanda de Jong: jolanda.de.jong@hva.nl