

University of Jyväskylä, Finland

Quotes of Faculty of Sports and Nutrition students who followed their minor here in 2019-2020.

Short statement about the university

There is a big campus with different faculties all located close to each other. Therefore taking classes in different faculties is not so hard. However you need to see if they do not overlap with current classes. The ESN of Jyväskylä organizes a Lapland trip for example and teachers help the student with replacing these classes or schedule around them. So sign up and the classes will move later.

The classes I attended at the sport faculty were in my opinion lower than Amsterdam. The system is also very different. Often the lectures are about the Finland and after you need to read a book and do a book exam to learn about the rest of the world. Example: Ethics in sport or economics in sport lectures were mostly about the application to Finland however, to get all credits you needed to read a book and do an exam on the book to get the full credits. The book was more general and therefore applicable to general information.

Housing (in private sector or organized via the university)

“On a monthly basis the price for housing was around 263 Euros and I spent 470 Euros on average each month (this is including accommodation).” The total amount per month will be more if you go travelling.

Tips for future students

“Choose the Kortapoja student village! This is the better accommodation location. Because the village have many exchange students and finish students, cheap buffet on campus, study halls, sauna, band room, etc. KOAS is further away from collage most often and spread out over the whole city in small buildings. Choose some different courses and informed myself more about how dark it gets before leaving.”

Level of education and the courses

“However, in my opinion the courses were of lower quality than the courses I attend in Amsterdam my home university.

The classes I followed were very interesting and organized well. I learned things I would not have learned at ISMB only. The environment where I lived was beautiful and the people were all very nice.”

Do you want more information?

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