

# MINOR URBAN VITALITY: GLOBAL HEALTH IMPROVEMENT AND EQUITY IN HEALTH WORLDWIDE

YOU AS A NEWLY GRADUATED HEALTH PROFESSIONAL HAVE THE OPPORTUNITY TO WORK IN A DIFFERENT COUNTRY IN A HEALTH CLINIC. YOU ENCOUNTER QUICKLY THAT THE HEALTH SYSTEM IS SET UP VERY DIFFERENTLY THAN WHAT YOU ARE USED TO IN YOUR HOME COUNTRY AND YOU DISCOVER THAT THE LIVING CONDITIONS, THE SOCIAL DETERMINANTS OF HEALTH, ARE GREATLY IMPACTING ON THE HEALTH OF THE PEOPLE YOU ARE WORKING WITH.

- ▶ How can you as a health professional better understand what makes people 'unhealthy', beyond just a biomedical understanding?
- ▶ What assumptions and beliefs do you have about health and healing and how are they different than those of other people and cultures?
- ▶ How can you respect the beliefs and assumptions of other people, when you are working to improve health?
- ▶ How can you apply these skills, abroad but also in diverse settings in your home country?

## FACTS

- ▶ Faculty of Health, Amsterdam University of Applied Sciences
- ▶ English
- ▶ Global Health Theory (15 ECTS, 10 weeks, semester 1 and 2, week 1-12); or
- ▶ Global Health Theory & Fieldwork (30 ECTS, 20 weeks).

# MINOR URBAN VITALITY: GLOBAL HEALTH

This minor allows you to view health related issues from a holistic perspective in which the social, environmental, economic and political situation of individuals and communities are considered as influencers on health. It allows you to understand international trends in disease and illness and allows you to apply these in real life projects both at home and abroad. This experience contributes to skills which will support you internationally and at home in your future career challenges created by our globalising world.

## PROGRAM

### ► Global Health Theory

You learn foundations of global health and important global health work fields. From there you apply your knowledge and gain tools for working with communities in our Community Approaches course. This is a problem-based learning course with designated working time in the community.

### ► Global Health Theory & Fieldwork

You follow the theory and community approaches modules, and then you begin a 10 week group Fieldwork Project which you do in Amsterdam.

You can submit preferences for Fieldwork projects based on topics that interest you by writing a short motivation and you will be placed in inter-disciplinary groups to carry out the project work.

## IS THIS THE RIGHT MINOR FOR YOU?

The Global Health minor is taught in English. This minor will expand your perspectives on health using social science theory and methods which allow critical analysis of health issues. Intercultural communication skills are required to collaborate in project work together with Dutch and International students. While conducting Fieldwork building partnerships with community stakeholders requires an open mind and flexibility in scheduling and living conditions.

## ENTRY REQUIREMENTS

- Studying for a bachelor (Bsc) in Nursing, Occupational Therapy, Physiotherapy or Exercise Therapy;
- Sufficient study points to be allowed into the minor program (100 ECTS);
- Level of English (B2) but you will be supported in your English throughout the minor;
- International students\* should be nominated by their school.

Students who study any other health or wellbeing related Bachelor programme, or programs related to global health such as agriculture, economics and international relations, can take part in the Global Health Minor with the permission of their own department.

\* Intro week, Theory, Community Approaches (15 ECTS, 12 weeks) or Intro Week, Theory, Community Approaches and Fieldwork in Amsterdam (30 ECTS, 20 Weeks).

## LIKE TO KNOW MORE?

Contact the International Office.

E-mail: [internationalofficehealth@hva.nl](mailto:internationalofficehealth@hva.nl)

"I have experienced personal and academic growth. I now have a clearer idea of what I want to do in the future... This minor passed my expectations. It was very interesting and it's good to work with different people from different nationalities"

Student - cohort 2019

