

Temple University, USA

Quotes of Faculty of Sports and Nutrition students who followed their minor here in 2016-2017

Impression after the first few weeks

- The whole American campus and college experience is great. The courses are interesting and the professors are really helpful. The study takes more time than I hoped. I do not have time for traveling andenjoying the country.
- Very fun, done a lot, seen a lot. level of undergrad classes are slightly low

Level of education and the courses

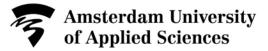
- During my stay at Temple University, I took 3 undergrad courses en 2 graduate courses. The undergrad courses weren't challenging and the level of the courses are lower than I am used to at the HvA. The content of the courses were interesting but the way Temple examines your knowledge is way easier. The graduate course, strategic management, was more challenging but included content which we often discussed at the HvA (SWOT analysis, internal and external environment etc). Another graduate course I took was Facility Management. For future students, I really hope this course isn't mandatory to take anymore. The subject didn't interested me at all and the professor was unorganized. All the classes were assigned to groups of student to lecture which made it even less interesting. My suggestion is to change this course for another one. Beside Facility management, I learned a lot and enjoyed my time.
- The level of education at the HvA is much higher in regards to the undergraduate classes at Temple. With regards to the graduate classes the level of HvA is a little higher or equal, strongly depending on which subject. Level of the teacher is equal but level of the peers in the class was very different

Housing (in private sector or organised via the university)

- in private sector, more than €800 per month: I lived in the View at Montgomery which was located on campus. It's a new building with nice amenities. The only bad thing I can say about the View is the high rent.
- Through university: €600-800 per month. Nobody helped us with housing which was something I considered very important. Philadelphia is a dangerous city and due to the fact that school was not able to offer housing I lived in a dangerous neighborhood.
- Through unviersity, more than €800: Good location but VERY expensive
- Found housing by himself, €400-600: Easy going secure and close to school

Cultural differences

- When I think about it, I didn't really experience cultural differences. The States are pretty similar to the Netherlands in many ways. I do like all the "to-go" possibilities they offer you here. Furthermore I expected it to be more a formal setting in the university, but even that wasn't what I experienced.
- The sport culture overall is very different from the European sport culture
- Students of Temple identify themselves as Temple Owls. They strongly associate with the school they are going to, which is very different in the Dutch culture.
- The americans are very nationalistic and proud to be american. They consider America the best place in the world and



were not really aware of other cultures at all. I thought this was just a stereotype, however it was not.

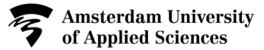
- I never understood feminism, inequality or discrimitation, however it is very present in the US. I did not always feel equal to men or respected by them and this was made very clear when going on visitations or the way men looked down on women. I always thought it was overexaggerated, however, in the USA, it is a very big problem. Especially in the field of sport.
- The relationship between students and professors is more formal
- here in usa they are very chatty and not very to the point.
- Americans are very loud but open to initiating a conversation, much more than the dutch. Its easier to start a contact, but not easy to develop a deeper relationship
- Humor, Americans don't get irony

Tips for future students

- Make sure you start looking for housing as soon as you have been accepted to the program. Many leases are only
 available to sign for 1 year, instead of your 4 month stay. I know Sydenham commons accepts leases for 1 semester
 but otherwise they should find something off campus.
- The cost of living in the U.S. was higher then I expected it to be. Particularly food and drinks were expensive and the cheapest monthly rent I've heard so far was \$600 p/m.
- Enjoy your time because it will soon be over;)
- Note that housing and living costs are quite high in Philadelphia. Services that the school provide are useful and people are very open to help. Go to as many events as you can, since these really add to the experience.
- Housing: If you want to live close to school you have to realize that it is a dangerous area. Ask people about the area and where to go and where not to go. You don't want to get yourself into a dangerous situation.
- Cost of living: It is very expensive, make sure you have saved money to do grocery shopping and eat well. Also buy food in bulk and store it in your freezer, its much cheaper. The supermarket is very expensive because it is the only one on campus (A small brocolli costs 2.50\$)
- Go to Jim if you need anything, and stop by his office now and again for a chat. He is awesome. For more contacts you can email me/phone me/text me etc. (Jessie Smeding)
- Housing try to get it asap (university will charge more). Flying to NYC or Washington and then taking a train or a coach to Philly might be cheaper than direct flight
- Much higher cost of living than in Amsterdam so save up
- Jim Alton will get in touch with you from school stick to him
- I would save more money before or apply for more than just one grant. I would try to connect to locals faster and look actively for new friends.

Short statement about the university

 Temple University offers a wide range of studies. The campus facilitates approximately 30.000 students. This American campus experience is something which I enjoyed the most. The professors are really friendly and helpful and there are



some opportunities to meet international students. For those who aren't really confident about their English skills, don't worry Temple offers you free writing assistance 6 days a week and you can even sign up for a conversation partner.

- Studying at Temple University is a great experience. You get the chance to immerge yourself in the American culture, visit sport games in huge stadiums, travel (since the location of the school is very close to big cities such as New York) and experience 'American College life'
- Temple is a big urban university very close to the center city of Philadelphia (30 min walk, 10 min subway). The american university spirit is real (cheerleaders, football, marching band etc) and the facilities are amazing. The lecturers are very knowledgeable and the classes aren't that big which makes it easy to get to know people.
- Great school with amazing network and countless opportunities to grow your own. A lot of trips and visits a the
 professional sports teams and their venues. You will meet a lot of people from the industry. Facilities are also amazing
 and for free to use for students.