

Start of Day 2 (afternoon program)



The prize for the National Thesis Award for Childcare Studies, organized by the University of Amsterdam and the Dutch Kinderopvangfonds, was awarded to Renate Neyndorff. Renate is a student from the Amsterdam University of Applied Sciences who has written her thesis on healthy childcare. In a brief presentation, Renate explained that health differences are already found at an early age, often associated by the families' socio-economic status. Seen from this perspective, healthy food and other health behaviors are directly related to social inclusion/ exclusion. It is a challenging but important task for pre-service and regular staff in early childhood education and care to stimulate health behavior in the early years.