

REFLECTIONS ON SEXUAL IDENTITY

PURPOSE OF THE EXERCISE:

With the exercise participants reflect on the concept of sexual orientation and sexual identity, and discuss how sexual identity can be taken into consideration in professional work.

TIMING:

Part 1 (15 minutes)

Part 2 (20 minutes)

NEEDED MATERIAL:

Copies of the questions.

HOW TO CONDUCT THE EXERCISE:

First part: 15 minutes.

Reflect, individually, on these questions:

- Attempt to distinguish between sexual orientation and sexual identity - what is the difference? How important is it to include this knowledge into your professional work?
- How do professionals support children and youth in their development of a sexual identity? How best do we support children and youth to consider issues with identifying as LGBT? Or with the suspicion/ knowledge of sexual offensive behaviour?

Second part: 20 minutes.

Discuss your individual reflections with you colleagues.

