

# SEXTEST

**PURPOSE OF THE EXERCISE:**

This exercise explores frames of reference concerning sexuality: which things do students think that have to do with sexuality. The final message is: “everybody is different”.

**TIMING:**

30 minutes

**NEEDED MATERIAL:**

Copies of the table (see below)

**HOW TO CONDUCT THE EXERCISE:**

Individual part: “Mark whether these different things have to do all, a lot, a little or nothing to do with sexuality. This is your own personal opinion.” (10 minutes)

Second part: Sit in groups of four or five students. “Now you can discuss the outcome of the individual part”. After 15 minutes, every group talks about their findings in the group.

**SUGGESTIONS:**

All opinions are valid. There is no “right” answer!

**REFERENCES:**

This exercise was provided by “Pimento”. <https://www.pimento.be/>

	All	A lot	A little	Nothing
French kissing				
Perfume oneself				
Marrying				
Walking around naked (alone)				
Walking around naked (with 2)				
Walking around naked (in group)				
Looking at a porno(graphic) magazine				
Masturbation				
Menses				
Going to the hairdresser				
Being in love				
Looking in the mirror				
Stroking another one's hair				
Fucking				
Sleeping together				
the clap				
Looking in persons eyes				
Caressing breasts				
Clean sheets				
Writing love letters				
Have a row				
Breast-feeding				
Come together				
Dancing				
Fantasize				
Ironing				
a condom				
Using pet names				
Together under the shower				
homosexuality				

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