

# „Gut Geht’s“ - Together for a Good and Healthy Life in Frankfurt

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## ABSTRACT

The project "Gut Gehts" will create a common platform in Frankfurt for all actors working towards the goal of maintaining, improving and promoting the health and quality of life of the population of the city and to prevent disease. In the everyday world of life, "where people live, learn, work and love" (Ottawa Charta 1986), it will initiate and support health processes, reduce health disadvantage and promote health equity. The project partners are the health office, the city administration and the Zentrum für Gesundheitswirtschaft und –Recht (ZGWR) at the Frankfurt University. The project is funded by the Techniker Krankenkasse and the city of Frankfurt. The project forms an annual city health conference, that bundles and networks existing health offers and initiatives with the power of cooperation and participation. Furthermore the conference and the project platform develops a concrete catalog of actions for the implementation of health-promoting and preventive measures in disadvantaged neighborhoods with unequal health opportunities. The actors of the city health conference include welfare, self-help, facilities, institutions and professional associations in the health sector (including doctors, dentists, psychotherapists, pharmacists), the commissioners of health, pension and accident insurance, Associations and civil society initiatives as well as representatives of local politics and all relevant urban actors. The city health conference deals interdisciplinary with health-related topics. She uses the available data of health reporting in Frankfurt am Main. In 2018 and 2019, the focus will be on the health goal of "healthy growing up". 2020 and 2021 will be followed by the health goal "Healthy Aging".

## Workshop

Workshop II: Health and Wellbeing in Urban Environments

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